



## Rider Safety Assessment Document

**Rider:**  
**Signature:**  
**Date:**

**RNSW/Club Assessor(s):**  
**Signature:**  
**Date:**

### Assessment Outcome:

- Approved for track work**
- Not yet approved**
- Approved as a restricted rider (Assessor to provide current restrictions below)**

**Comments:** .....  
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# RACING NSW

## Third Party Evidence

(3<sup>rd</sup> Party evidence not required for Trainers applying to ride trackwork)

This part of your assessment must be completed by your **Trainer**.

Rider Name: .....

Trainer Name: .....

Date Employment commenced: .....

Knowledge of rider's previous experience: .....

.....  
 .....

Apply track riding skills	Yes	No
Does the rider understand stable and track safety procedures?		
Does the rider understand track entry and exit points? Including various tracks and bull ring etc		
Trainers or foreman's instructions are followed?		

### Comments:

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I have observed the applicant riding in a restricted area and intend to offer employment as a stablehand rider.

The applicant is learning to ride and I agree to provide ongoing supervision

Name of Trainer / Foreman signing .....

Signature: ..... Date: .....



This part of your assessment must be completed by a Racing NSW Steward or qualified track supervisor. Restricted riders required to complete parts A to C only

		Key Points	Assessor Signature
<b>A</b>	<b>Safety requirements and regulations</b>		
A1	All safety requirements, rules and regulations for rider and horse, both general, pertaining to safety and those pertaining to particular venues are followed.	Wearing approved safety apparel; Regulations of the venue.	
A2	Gear is checked for safety and adjusted or replaced prior to riding.	Check saddle, girth, surcingle, length of stirrups.	
A3	Horse is mounted and dismounted safely.	Safety of horse and rider.	
A4	Describe the different riding tracks at this venue.	Bullring, trotting track, slow track, fast track, grass track, synthetic.	
A5	What type of horse behaviour could affect your ride?	Eg. Rearing, bucking, shying, bolting, pulling.	
A6	How would you find out about an individual horse's behaviour?	Question trainer/foreman, previous riders, watch in stable.	
<b>B</b>	<b>Gear Safety</b>		
B7	What personal protective equipment should be used when riding track work?	Safety vest, skull cap including light, approved footwear, reflective vest if on thoroughfare.	
B8	Does a safety vest have to be worn at all times or only when doing fast work?	Yes, at all times.	
B9	When is it necessary to replace a riding helmet?	A period of five years has expired since the date of manufacture, or it sustains a severe impact, or the wearer suffers from concussion.	
B10	Is rider able to make adjustments to gear?	In consultation with trainer.	
B11	Is rider able to recognise faulty gear?	Frayed stitching, cracked leather, torn materials.	

		<b>Key Points</b>	<b>Assessor Signature</b>
<b>C</b>	<b>Track surfaces, weather and hazards are evaluated for safety and reporting</b>		
C12	What hazards could interfere with your or the horse's safety at track work?	Rough surface, excessive water, ice, snow, obstacles, machinery, vehicles, foxes rabbits, kangaroos	
C13	Who would you report this information to?	Trainer, foreman, track supervisor.	
<b>D</b>	<b>Apply track riding skills</b>		
D14	Correct riding position is maintained	Control of horse at all times, suitable rein length, body position maintained	
D15	Riding skills (balance and hands).	Demonstrate at various levels.	
D16	Pace of horse is judged and maintained for required times and distances according to trainer's instructions.	Demonstrate trot and canter; demonstrate three-quarter pace; demonstrate gallop (optional).	
D17	Performance of horse, including any irregularities, is evaluated and reported to trainer or foreman.	Identify and evaluate the performance and welfare of horse following track work and report to trainer/foreman	
<b>E</b>	<b>Aids are selected and used in a professional manner within the Rules of Racing and in accordance with trainer's instructions</b>		
E18	Where can you gain information regarding whip use and regulations?	Rules of Racing.	
E19	Identify reasons for the use of the whip.	To encourage the horse forward, to get the best performance out of the horse, and safety reasons.	
E20	Identify regulations/controls regarding the use of the whip?	Stewards may punish any rider for excessive, unnecessary or improper use of the whip.	